



**WILLIAMSBURG COUNTY
RECREATIONAL DEPARTMENT
AEROBICS, ZUMBA, DANCE CLASSES
FOR WOMEN, MEN, AND CHILDREN**

SENIOR CLASSES: MONDAY- THURSDAY

9:00AM - 10:00AM

EVENING CLASSES: MONDAY- THURSDAY

5:30PM - 6:30PM

weights

abs

Toning

Steps

CONTACT: ANGELA WATSON (843)355-5004 EXT. 4204